5 Things to Check Before You Press Send

Before you send anything to an AI, ask yourself:

1. **Is there a password, PIN, or login code in it?**
   Take it out.
2. **Is there a bank, card, or account number in it?**
   Use round, made-up numbers instead.
3. **Is my Social Security number, license number, full birth date, or home address in it?**
   Leave it out.
4. **Is there a health record, test result, or insurance paper in it?**
   Leave it out and ask the general question instead.
5. **Does it have someone else's name, number, address, or private news in it?**
   Take it out. They didn't say yes.

THE GOLDEN RULE

If you're unsure, leave it out and ask without it first.

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